



# UnitedHealthcare's Focus Plan

# Focused on the details that help people live healthier lives.

UnitedHealthcare Focus<sup>1</sup> includes programs, wellness features, resources and tools that help support members and the physicians who care for them.

Designed for simplicity and savings, Focus is a new health maintenance organization (HMO) plan that provides the same level of coverage as our traditional HMO plans, but at a lower cost. The difference is in the refined local network: a narrower network designed to help keep costs in check.

## Refined network.

The Focus plan utilizes a distinct subset of UnitedHealthcare of California's full HMO network and provides access to select local physicians and specialists. These physicians coordinate care and work with their patients to help them manage their health and health care costs.

## Flexibility.

The Focus plan features preferred local provider systems and local community hospitals at significant savings compared to the more broad network offering. Employers can take advantage of savings for their local employee population, while having the option to wrap or pair the Focus network with additional UnitedHealthcare plans, to meet the health care needs of all employees, inside or outside the Focus plan area.

## How the plan works.

Members must select a primary care physician (PCP) from the Focus network, who will coordinate care with other physicians and specialists in the network.

## Wellness programs.

We believe that wellness programs in the workplace could save employers money. When employees learn how to make good decisions for their health, everyone wins. Available wellness programs include:

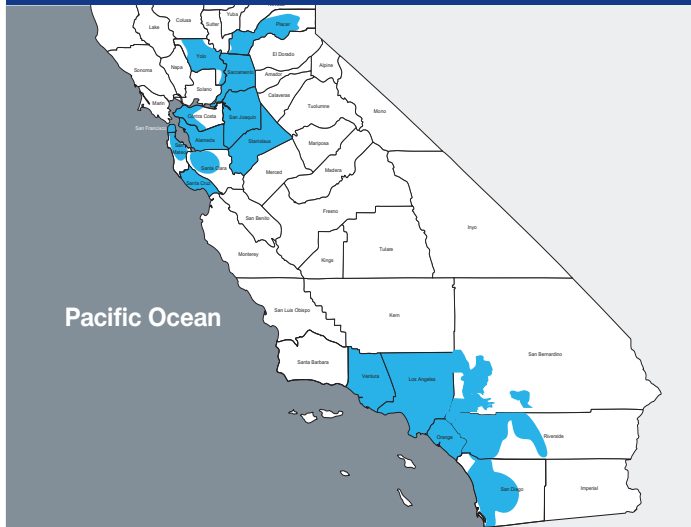
- UnitedHealth Wellness®.
- Fitness reimbursement program.
- Biometric screenings and coaching.
- Preventive care services.
- Member online portal.

## Focus plan offers:

- Access to PCPs and health care professionals at well-known medical group facilities.
- Preventive care checkups at no additional cost.
- PCP-coordinated care.
- HMO plans.
- Wellness programs and treatment decision support.

Favorable premium and benefit options designed to provide members with the health coverage they want and need at a more predictable and lower cost.

## Focus Network



■ Focus Service Area

Focus is available in Alameda, Contra Costa, Los Angeles, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Barbara, Santa Clara, Santa Cruz, Stanislaus, Ventura and Yolo counties.

### Focus Participating Medical Groups<sup>2</sup>

Group Name	DEC #
<b>Alameda County</b>	
Hill Physicians/East Bay	005245
<b>Contra Costa County</b>	
Hill Physicians/East Bay	005245
<b>Los Angeles County</b>	
Access Medical Group Inc.	010246
Access Santa Monica IPA	025517
Allied Pacific of California IPA	012244
AltaMed Los Angeles County IPA	028951
AltaMed Medical Group	028928
AppleCare Medical Group/Downey Region	015967
AppleCare Medical Group/Select Region	025327
AppleCare Medical Group/St. Francis	014692
Chaffey Medical Group Los Angeles	027892
Exceptional Care Medical Group	017465
Exceptional Care Medical Group	021250
Optum – Bixby Knolls	028435
Optum Care Network – Arcadia	028404
Optum Care Network – East LA	028399
Optum Care Network – East West	028411
Optum Care Network – Burbank/Glendale	028401
Optum Care Network – LCOM	028436
Optum Care Network – LA County	028393
Optum Care Network – Long Beach	028454
Optum Care Network – Montebello	028388
Optum Care Network – Northridge	028416
Optum Care Network – Pasadena	028410
Optum Care Network – San Fernando Valley	028423
Optum Care Network – SFV West	028460
Optum Care Network – South Bay	028417

Group Name	DEC #
Optum – Long Beach/N. Orange County	028459
Optum – Downtown LA	028391
Optum – Long Beach	028455
Optum – Pasadena Main	028391
Optum – West Hills	028440
Optum – Van Nuys	028442
Optum – San Gabriel	028764
Optum – South Bay/Coastal	028403
Optum – Compton	028463
Optum – Valencia	028414
Korean American Medical Group	019863
Optum – Magan Medical Clinic	028445
Monarch Long Beach	027882
Omnicare Medical Group	014498
Optum Care Network – Citrus	028428
Optum Carenetwork – Glendale/Verdugo	028437
Optum Care Ntwk – Huntington Mem	028434
Optum Care Network – Methodist	028451
Optum Care Network – San Dimas	028419
Optum Care Network – San Gabriel (SGV)	028422
Pioneer Provider Network A Medical Group Inc.	015848
Premier Physicians Network/San Fernando Valley	020614
Prudent Medical Group	022732
Seoul Medical Group Inc.	019881
St. Vincent Medical Group IPA	014697
Torrance Hospital IPA	026488
<b>Orange County</b>	
AltaMed Medical Group	028928
AltaMed Orange County IPA	029116
American Vietnamese (AMVI)	012130
Daehan Prospect Medical Group	027362
Family Choice Medical Group	019394
Optum Care Network – Arta Health	029878
Optum Care Network – South Coast	028461
Optum – Anaheim	028427
Monarch/Orange County	014905
Noble AMA IPA	016335
Prospect Gateway Medical Group in association with Anaheim Memorial	014548
Prospect Genesis Healthcare	014904
Prospect Medical Group/Huntington	017597
Prospect Northwest Orange County Medical Group	008631
Prospect Northwest Orange County Medical Group/Anaheim	011567
Seoul Medical Group	029550
<b>Riverside County</b>	
Beaver Medical Group Riverside	027825
Empire Physicians Medical Group Inc.	018657
Hemet Community Medical Group	014586
PrimeCare/Citrus Valley	021243
PrimeCare/Corona	005232
PrimerCare/Hemet Valley	009023
PrimeCare/Moreno Valley	003111
PrimeCare/Riverside	008331
PrimeCare/Sun City	004140
PrimeCare/Temecula	006657
Prospect Medical Group/Corona	017807
Redlands-Yucaipa Medical Group Inc.	027828
Temecula Valley Physicians Medical Group	021941
Tri-Valley Medical Group	026432
Valley Physicians Network Inc.	026405

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Group Name	DEC #
<b>Placer County</b>	
Hill Physicians/Auburn	015643
Hill Physicians/Sacramento	005206
<b>Sacramento County</b>	
Hill Physicians/Sacramento	005206
Mercy Medical Group	014608
<b>San Bernardino County</b>	
Alliance Desert Physicians Medical Group	024628
Beaver Medical Group	027825
Chaffey Medical Group	027892
Choice Medical Group	004800
Choice Medical Group/Barstow	021837
Desert Valley Medical Group	027411
Fenix Medical Group	029490
Pinnacle Medical Group	027850
PrimeCare/San Bernardino	019383
PrimeCare/Inland Valley	006045
PrimeCare/Redlands	001026
Redlands-Yucaipa Medical Group	027828
<b>San Diego County</b>	
Cassidy Medical Group/PCAMG	014748
Greater Tri-Cities IPA Medical	014889
Mid County Physicians Medical Group	024783
Primary Care Associates Medical Group/Encinitas	016223
Primary Care Associates Medical Group	006039
Rady Children's Health Network	028561
SCMG Arch Health Partners	028360
Sharp Community Medical Group/Graybill North Coastal	025448
Sharp Community Medical Group/Graybill	015882
Sharp Community Medical Group/Inland North	014174

Group Name	DEC #
<b>San Francisco County</b>	
Asian American Medical Group	029717
<b>San Joaquin County</b>	
Hill Physicians/Manteca	019219
Hill Physicians/Stockton	019217
Omni IPA Inc./Lodi	014997
Omni IPA Inc./Stockton	014990
<b>Santa Barbara County</b>	
Physicians Choice Medical Group/Santa Maria	026234
Santa Barbara Select IPA	014349
<b>Santa Clara County</b>	
Physicians Medical Group/San Jose	004197
Verity Medical Foundation	026688
<b>Santa Cruz County</b>	
Dignity Health Medical Foundation	030474
<b>Stanislaus County</b>	
Allcare IPA	018580
<b>Ventura County</b>	
Access Santa Monica Independent Physicians Association Inc.	025517
Valley Care IPA	029573
<b>Yolo County</b>	
Woodland Clinic Medical Group	005258



Contact your UnitedHealthcare representative for more information.



<sup>1</sup> Formal HMO product name: UnitedHealthcare SignatureValue<sup>®</sup> Focus.

<sup>2</sup> When the Focus network is offered alongside other UnitedHealthcare products or HMO network options, members will find that their direct costs are lower than the other choices available in, at least one, and possibly all of the following ways: (1) member premium contribution, (2) member cost share per visit, or (3) out-of-pocket maximums.

UnitedHealth Wellness<sup>®</sup> is a collection of programs and services offered to UnitedHealthcare enrollees to help them stay healthy. It is not intended to be medical advice or a substitute for your doctor's care. It is not an insurance product but is offered to existing enrollees of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to encourage their participation in wellness programs. Health care professional availability for certain services may be dependent on licensure, scope of practice restrictions or other requirements in the state. Some UnitedHealth Wellness programs and services may not be available in all states or for all group sizes. Components subject to change.

The health care reform law requires the coverage of certain preventive services, based on your age, gender and other health factors, with no cost-sharing. The preventive care services covered are those preventive services specified in the health care reform law. UnitedHealthcare also covers other routine services, which may require a copayment, coinsurance or deductible. Always refer to your plan documents for your specific coverage.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).