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Flexible

Choose a licensed therapist who best fits your needs.



Convenient

Schedule and have a visit 7 days a week* by phone or video.



No cost to you

All HealthiestYou sessions are included.



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*Available 7 a.m. to 9 p.m. in your local time zone. HealthiestYou Behavioral Health is available to members ages 18 and older.

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