

Choose smart. Look for blue hearts.

Choosing a physician is one of the most important health decisions you'll make. The UnitedHealth Premium® program can help you find physicians who are right for you and your family.

Connecting you to quality care

UnitedHealth Premium program evaluates physicians in various specialties to identify those who meet the quality care criteria, which includes safe, timely, effective and efficient care. It's easy to find a UnitedHealth Premium Care Physician. Go to myuhc.com® or the UnitedHealthcare® app, click **Find a Provider** and look for the blue hearts next to the provider's name.

Here to help make your health a priority

Studies show that people who actively engage in their health care decisions have fewer hospitalizations, fewer emergency visits, higher utilization of preventive care and overall lower medical costs.

As your health ally, we're committed to helping you make informed decisions when seeking out and choosing a provider.

Look for the following icon and description



Premium Care Physician

When you see the blue hearts, you can be sure that the physician meets the criteria for safe, timely, effective and efficient care.



The UnitedHealth Premium program includes these specialties and subspecialties

Allergy

- Allergy
- Allergy and Immunology

Cardiology

- Cardiology
- Cardiac Diagnostic
- Cardiovascular Disease
- Clinical Cardiac Electrophysiology
- Interventional Cardiology

Ear, Nose and Throat

- Head and Neck Surgery
- Laryngology
- Otolaryngology
- Otology
- Pediatric Otolaryngology
- Rhinology

Endocrinology

- Endocrinology, Diabetes and Metabolism

Family Medicine

- Family Practice
- General Practice
- Preventive Medicine

Gastroenterology

- Gastroenterology
- Hepatology—Liver Disease

General Surgery

- Abdominal Surgery
- Colon and Rectal Surgery
- Proctology
- Surgery

Internal Medicine

- Geriatric Medicine
- Internal Medicine
- Pediatric Internal Medicine

Nephrology

- Nephrology

Neurology

- Neurology
- Neurology and Psychiatry
- Neuromuscular Disease

Neurosurgery, Orthopedics and Spine

- Back and Spine Surgery
- Hand Surgery
- Knee Surgery
- Neurological Surgery
- Orthopedic Surgery
- Shoulder Surgery
- Sports Medicine

Obstetrics and gynecology

- Gynecology
- Obstetrics
- Obstetrics and Gynecology

Pediatrics

- Adolescent Medicine
- Pediatrics
- Pediatric Adolescent

Pulmonology

- Pulmonary Medicine

Rheumatology

- Rheumatology

Urology

- Urology

Questions?

Call the phone number on your health plan ID card



The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com®. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.

Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through a UnitedHealthcare company.

B2C EI232095241.1 12/23 © 2023 United HealthCare Services, Inc. All Rights Reserved. 23-2678016-A