







# Compare options, help keep costs down

Getting care at the place that may best fit your condition or situation may save you up to \$1,500 compared to an emergency room (ER) visit.\*

Care options to consider	START HERE			
	 <b>Primary care provider (PCP)</b>  The provider who may know you best	 <b>Convenience care</b>  Nurse practitioners and physician assistants at retail pharmacy clinics	 <b>Urgent care</b>  Physicians and care teams at walk-in clinics	 <b>Emergency room</b>  Physicians and care teams at hospital emergency departments
Approximate cost*	In-person: \$160 Virtual: \$99 or less**	\$80	\$165	\$1,700
Allergies	✓			
Bladder infection/UTI	✓		✓	
Broken bone			✓	✓
Bronchitis	✓		✓	
Chest pain				✓
Cough	✓	✓		
COVID-19 symptoms	✓		✓	
Earache	✓	✓		
Fever	✓			
Flu/common cold	✓	✓		
Migraine/headache	✓			
Muscle ache/sprain	✓		✓	
Pinkeye	✓			
Shortness of breath				✓
Sinus infection	✓			
Skin rash	✓	✓		
Sore throat	✓			
Stomach pain (nausea, vomiting, diarrhea)	✓		✓	
Yeast infection	✓			

✓ Indicates the care option to consider for the common conditions listed

Learn more

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\*2023: Median allowed amounts charged by UnitedHealthcare Network Providers and not tied to a specific condition or treatment. Actual payments may vary depending upon benefit coverage. (Estimated \$1,500 difference between the median emergency room visit, \$1,700 and the median urgent care visit \$165.) The information and estimates provided are for general informational and illustrative purposes only and are not intended to be nor should be construed as medical advice or a substitute for your doctor's care. You should consult with an appropriate health care professional to determine what may be right for you. In an emergency, call 911 or go to the nearest emergency room.

\*\*Virtual primary care are services available with a provider via video, chat, email, or audio-only where permitted under state law. Virtual primary care services are only available if the provider is licensed in the state that the member is located at the time of the appointment. Virtual primary care is not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Certain prescriptions may not be available, and other restrictions may apply.

Member of HMO plans in California should initially consult with their PCP in non-emergent situations to better understand which care options are best suited for their situation.

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