



Your health plan's almost ready. Are you?

Here's a handy checklist to help you out.

With a little prep today, you'll be ready to use your plan as soon as it begins.

☐ Access your digital health plan ID card

It's available whenever you need it on the **UnitedHealthcare® app** and at **myuhc.com®**—and you can show it at your doctor's office, clinic or anywhere benefits information needs to be shared. Add it to your smartphone's digital wallet for a secure way to store and access details about your plan.

☐ Explore the UnitedHealthcare app

You'll see a variety of things you can do at your own pace as you transition into your new plan, which may include:

- Search for network providers
- Set up notification and communication preferences
- Access on-demand, virtual assistance through the chat feature
- Start Transition of Care for ongoing treatment, if eligible
- Manage your medications, if you have prescription drug coverage

☐ Choose a network PCP

Even if your plan doesn't require you to select a network primary care provider (PCP),* it can be helpful to have one—as they understand your health needs and goals well. To find one, sign in on the **UnitedHealthcare app** and tap **Find Care**. Or, sign in at **myuhc.com** and select **Find Care & Costs**.

☐ Make an appointment

Preventive care, such as annual wellness exams, certain recommended screenings and routine immunizations, is covered by most plans at no additional cost when you see network providers. It's a good idea to get your first checkup on the calendar—just make sure it's after your new plan's start date. For more info, visit **uhc.com/preventivecare**.



Ready to get started?

Download the **UnitedHealthcare app** or visit **myuhc.com**

**United
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*Depending on your health plan, selection of a PCP may be required.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the Website or Mobile application terms of use under Find Care & Costs section.

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

Level Funded: Person must reside within the United States. An employee residing in Hawaii is not an Eligible Person.

Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Stop-loss insurance is underwritten by UnitedHealthcare Insurance Company or their affiliates, including UnitedHealthcare Life Insurance Company in NJ, and UnitedHealthcare Insurance Company of New York in NY.

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